

## ANDHRA PRADESH STATE COUNCIL OF HIGHER EDUCATION

### LIFE SKILLS COURSES

w.e.f. AY 2023-24

#### SEMESTER-I

#### COURSE 2: LEADERSHIP SKILLS

Theory	Credits: 2	2 hrs/week
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#### Learning Outcomes:

By successful completion of the course, students will be able to:

1. Develop comprehensive understanding of personality
2. Know how to assess and enhance one's own personality
3. Comprehend leadership qualities and their importance
4. Understand how to develop leadership qualities

#### Unit – I:

Meaning of Personality – Explanations of Human Personality – Psychodynamic Explanations – Social Cognitive Explanation – Big Five traits of Personality

#### Unit – II:

Assessment of Personality - Projective& Self Report Techniques - Building Self-Confidence – Enhancing Personality Skills

#### Unit – III:

Leadership Characteristics – Types of Leaders – Importance of Leadership – Leadership Skills – Building and Leading Efficient Teams – Leadership Qualities of Abraham Lincoln, mahatma Gandhi, Dr. B. R. Ambedkar

#### Co-curricular Activities Suggested:

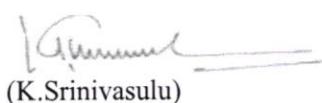
1. Assignments, Group discussions, Quiz etc.,
2. Invited Lecture by a local expert
3. Case Studies (ex., on students behavior, local leaders etc.)

**Reference Books:**

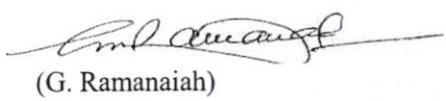
- Girish Batra, Experiments in Leadership, Chennai: Notion Press, 2018
- Mitesh Khatri, Awaken the Leader in You, Mumbai: Jaico Publishing House, 2013
- Carnegie Dale, Become an Effective Leader, New Delhi: Amaryllis, 2012
- Hall, C.S., Lindzey. G. & Campbell, J.B Theories of Personality. John Wiley & Sons, 1998



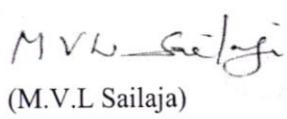
(A. Babu Rao)  
(Chairman-B.O.S)



(K. Srinivasulu)



(G. Ramanaiah)



(M.V.L. Sailaja)